

**Group Meetings.** These will be held at the Dorford Centre, Bridport Road, Dorchester DT1 1RR (opposite the Top o' Town car park) on the 2<sup>nd</sup> Thursday of every other month at 7.00pm. Dates are:

- **02 December 2015. Friendly Christmas Get Together.**  
A Christmas get together with the Diabetes Team to have a chat and nibbles at the Diabetes Centre, Bridport Road, Dorchester. This is a social event hosted by The Diabetes Centre for all those living with Diabetes. It is change in both venue and date to our usual programme.

.....  
**Welcome to Blackmore Vale Members**

We welcome the Blackmore Vale members into our group after the sad closure of the Blackmore Vale Group. We hope they will be happy for us to support them in the future. Therefore, as we have now grown we would welcome anyone who could spare some time to help with the running of our Group in any way. We are in need of people to help us with our event stands. (See contact details below).

.....  
**Diabetes UK New Chief Executive**

A new Chief Exec for Diabetes UK Chris Askew is set to join Diabetes UK, as Barbara Young leaves the charity. He took up the role on 14 September.

.....  
**Diabetes UK President Richard Lane OBE Retires**

Mr Richard Lane OBE, who has campaigned tirelessly for better diabetes services, will step down as President of Diabetes UK at the end of 2015 after 10 years of commitment to the charity.

Mr Lane, 71, has been President of Diabetes UK for the past seven years, having spent three years prior to that working in a volunteering capacity to help people with diabetes.

.....  
**2015 Diabetes Care Survey 2015 Results**

In the Spring of 2015 we carried out a Diabetes Care survey of patient experience in Dorset. Dorset Clinical Commissioning Group had expressed a deep interest in the findings which were presented to them on 19 June 2015. The findings showed that Care Planning and Education were 2 main areas needing improvement.

Care Planning should be a written statement of what both Patient and Healthcare Professional will expect from each other and have defined goals and targets for the patient. By establishing a uniform Care Plan for Patients, Carers and Healthcare Professionals there will be a written point of reference when trying to identify improvements in their Diabetes management.

Education is a vital tool to improving the health of all those involved with Diabetes in Dorset. At present, Diabetes Education in Dorset seems to be centred around those who are newly diagnosed whilst all of the long term have missed out and are left to their own devices. If people with Diabetes and their Carers are to be empowered to manage Diabetes and relieve the pressure placed on Healthcare Professionals, we need to ensure that Diabetes Education is ongoing throughout the lifespan of people with Diabetes. Peoples needs change during their life. Medical treatments will develop and advances in our knowledge of Diabetes will change all the time. Therefore, planning and education needs to include those developments and changes, and must be accessible to all those who live with Diabetes.

## 2015/16 Dorset CCG Clinical Services Review (CSR)

Dr Forbes Watson, a local GP and Chair of the CCG, said: "We have a clear vision of what we think we need to do to improve healthcare in Dorset, but want to do more detailed thinking, planning, and analysis to help set out clearly to the public how we think we would realise those ambitions. New information is coming through that we want to look at closely before finalising our proposals, for example, how Dorset might best respond to national NHS policy. We will continue our regular discussion with our health and care partners and to share our thinking with patients and members of the public so that when we do go out to formally consult people will have as much information as possible.

This is a once in a generation opportunity to re-shape the NHS in Dorset and to improve services for local people – we have to get it right.”.

Debbie Fleming, Chief Executive of Poole Hospital, Patricia Miller, Chief Executive of Dorset County Hospital, Ron Shields, Chief Executive of Dorset Healthcare and Tony Spotswood, Chief Executive of Royal Bournemouth and Christchurch Hospitals, said: “As Chief Executives of the hospitals and community services in Dorset we are all committed to ensuring local people get the highest quality of care and improved access to services. We continue to work closely with Dorset CCG on how we can organise services to best address a growing population, changing health needs, workforce, new technologies and the money available. The views of the public will be vital and we welcome the public consultation in 2016.”.

The formal consultation is only one part of the review’s engagement with the public. The CCG will continue to work with clinicians, patients, carers and other local people and provide regular updates on progress. One of the easiest ways people can stay in touch is by joining our Health Involvement Network.

Future Health Care Provision applies to all of us and your views are critical to the CSR. Please get involved and have your say at <http://www.dorsetsvision.nhs.uk/the-need-for-change-film/>.

---

### The Big Collection 2015

Thank you very much for all those who donated and helped to collect. During the 2 days at Tesco Dorchester we collected £586.86 towards the national totals of over £175,000 from over 200 Tesco stores. Well Done!

---

### Committee Members

Shona Freeborn	- Chair	Tim Freeborn	- Secretary
Graham Sargent	- Treasurer	Jane Nicklen	- Committee Member
Henry Bartlett	- Committee Member		

---

### Contacts 01305 835870

You can contact the editor via <http://west-dorset.diabetesukgroup.org/contact/> or text **07879215783**.

**Tim Freeborn**  
**Editor**

